

Brock Graduate Students' Association

THE GRADUATE GAZETTE

VOLUME 4 / ISSUE 4



OCTOBER 2025

BI-MONTHLY NEWSLETTER FOR GRADUATE STUDENTS



Hello, Graduate Students!



Students are reminded to set their clocks back an hour on Sunday, November 2.



Get Involved with the GSA

GSA Board of Directors Recruitment

Interested in advocating and helping graduate students? The GSA is currently recruiting graduate student members to serve on the GSA Board of Directors, open positions for students in:

- Education
- Math & Science
- At-large seat

Click [here](#) for more information and how to apply.

GSA Internal Committees Recruitment

Our [internal committees](#) are a great place for students interested in graduate student life and leadership. **All internal committee meetings are virtual.** We are recruiting for graduate student-at-large representatives on our 2025-2026 internal committees:

- [Governance, Elections and Nominating](#) (1 hour/month)
 - **Oversees GSA governance, elections, policy reviews, and Board/committee nominations.**
- [External & University Affairs](#) (1 hour/month)
 - **Advises on external and university relations, strategic initiatives, and student advocacy for the GSA.**

Click [here](#) for more information and how to apply.

Brock University Committees Recruitment

The GSA is looking for graduate student representatives to sit on the following University Committees:

Two Row Council (2 hours/month)

- The mandate of the Council is to make recommendations and provide advice to Senate and its committees regarding academic policies, programs, structures and strategies to support meaningful Indigenization, reconciliation and decolonization.
- Bi-monthly meetings from September to June
- **Open positions: 1 Indigenous graduate student**

Senate Graduate Studies (2 hours/month)

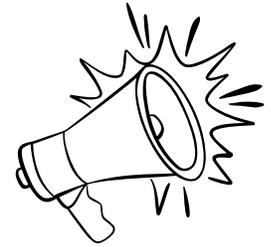
- This Senate committee oversees and advises on graduate academic programs and policies, including admissions, new degrees, student conduct, awards, and curriculum updates—supporting the quality and reputation of graduate studies.
- Bi-monthly meetings from September to April
- **Open positions: 1 graduate student at-large**

To apply for the university committees listed above, please submit a statement of interest (150-words maximum; tell us about yourself and why you'd like to be involved). Applications will be accepted at opportunities@brockgsa.ca.



2026 Elections Committee (Time commitment: 2-3 hours total)

We are currently recruiting for 2 graduate student-at-large representatives to sit on the 2026 Elections Committee. This Committee is an oversight body to the elections process and will ensure the respect of the vision and principles of this policy by the election staff (Returning Officer, Deputy Returning Officer), including enforcement procedures, appeals, etc. No member of the Election and Referenda Committee may run or campaign while being a member of the Committee. An introductory meeting (1 hour) will be held in early December prior to the election season kicking off in January 2026. For more information, email opportunities@brockgsa.ca



GSA Events for Grad Students



Financial Literacy & Coffee Social - UPDATED DATE

Join us on **Wednesday, October 29 from 1:00–2:30 p.m. in Plaza 600F** for free coffee, snacks, and practical financial tips! Kevin from Primenet Financial and Adelle from Billyard Insurance Group will cover essentials like insurance, smart investing, and retirement planning. Whether you're new to managing money or just want extra tips, you'll leave feeling more confident—and you'll also have a chance to **win a \$50 e-gift card!** RSVP [here!](#)



Art Therapy Thursday Special Edition: Halloween Pumpkin Painting

De-stress and unwind from the hustle and bustle of graduate student life by spending a relaxing afternoon painting a pumpkin! **Join us on Thursday, October 30 anytime from 1-3 p.m. in MC-C300.** There will be free light refreshments and snacks. This is a drop-in event, feel free to stay however long you would like! You do not need any prior artistic experience. Click [here](#) for more information.



Halloween Social - Movie Event

Kick off Halloween with the GSA at our **Halloween Social – Movie Event on Friday, October 31 from 1-3 p.m. in Pond Inlet!** Enjoy a screening of **Ghostbusters with popcorn, candy, and our signature green soda to keep the spooky vibes flowing.** Costumes are welcome (but not required), and the event is open to current grad students only. Spots are limited, so be sure to RSVP on ExperienceBU to save your seat!



VISIT [EXPERIENCEBU](https://experiencebu.ca) AND [BROCKGSA.CA](https://brockgsa.ca) FOR MORE EXCITING EVENTS WITH THE GSA!

Wellness Week - November 3-7

Join the GSA at our de-stressing Wellness Week events! All events can be found on the Wellness Weeks page on our website and on ExperienceBU!

November 3rd

Gentle Flow Yoga Session @ Brock Dance Studio, 2:30 P.M.

Start Wellness Week with a relaxing yoga session led by Maya Koot. This beginner-friendly class helps you de-stress and move mindfully. No experience needed! [RSVP on ExperienceBU.](#)



November 4th

Therapy Puppies with Brock SWAC @ Pond Inlet, 1:30 p.m.

Are you feeling overwhelmed or simply need a break? Come join us in the puppy room in Pond Inlet! ALL are welcome to attend. Drop-in!



November 5th

Say "Hi" to Heidi! @ MC C300, 1 p.m.

Join us for a cozy drop-in session with Heidi Madden, Graduate Academic & International Specialist. Questions about grad policies, international student concerns, or navigating your degree? Heidi's here to help! Drop-in!



November 6th

Free Wellness Bag Giveaway @ MC-302, 11 a.m. to 1 p.m.

Take a break and treat yourself this Wellness Week! Drop by the GSA Office anytime between 11:00 AM and 1:00 PM on Thursday, November 6 to pick up your free Wellness Bag — while supplies last! Drop-in!



Art Therapy Thursday @ MC C300, 11 a.m. to 1 p.m.

De-stress and unwind from the hustle and bustle of graduate student life by spending a relaxing afternoon colouring or painting. Drop-in!



Massage Therapy sponsored by SWAC @ Thistle 254, 12:30 p.m.

Relax and recharge with a massage therapy session! Ease tension, reduce stress, and take a well-deserved break. Your body will thank you! [RSVP on ExperienceBU.](#)



November 7th

Crock-A-Doodle Pottery Painting @ Pond Inlet, 1 p.m.

Our friends from Crock-a-Doodle will be supplying all the tools for you to create your own painted pottery. This is a graduate-student-only event. [RSVP on ExperienceBU.](#)

Brock Library - Celebrate Open Access Week with Brock Library's Publishing Initiative

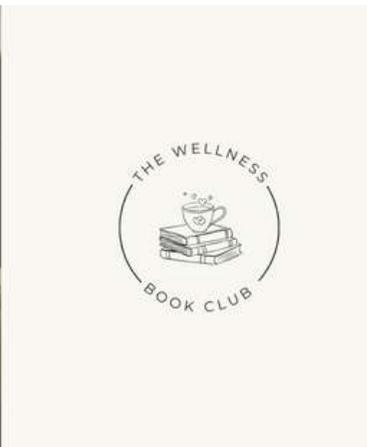
To celebrate Open Access Week (October 20–25), Brock Library has released the [State of Scholarly Publishing report](#), highlighting journal publishing trends from the past year. The report includes insights on closed versus open access titles, author processing fees (APCs) paid by Brock researchers, and the most popular journals where Brock researchers publish. For graduate students navigating the complexities of scholarly publishing, the [Library's Guide](#) offers valuable support to help increase the reach of your work and simplify the process. As part of Open Access Week, a [Zotero Workshop](#) will also be held on October 24 at 11:00 a.m. to enhance citation management and improve research efficiency.



Brock Library - The Wellness Book Club

Registration is now open for the Fall 2025 Wellness Book Club. This term, we will be reading the second book in Jenny Han's bestselling *The Summer I Turned Pretty* trilogy: *It's Not Summer Without You*. Praised as "a convincing and poignant read," this series has inspired a popular streaming adaptation, merchandise, and a devoted fan following.

The Book Club is hosted by librarian Justine Cotton, who is passionate about the positive impact of reading and community. For questions about the Club, you can contact her at jcotton@brocku.ca



Graduate-Only Study Space on Campus

Library space: Graduate Student Study Room (6th FLOOR) - You must call the GSA office (ext. 4094) to receive the current passcode

Graduate Student Meeting Room (6th FLOOR) - [Reserve online here](#). Please forward the booking ID confirmation to office@brockgsa.ca to obtain the passcode.

Note: THE ACCESS CODE WILL BE CHANGED ON A REGULAR BASIS.
Contact office@brockgsa.ca to receive the access code.



Brock Student Wellness & Accessibility Centre



Applied Suicide Intervention Skills Training (ASIST)

ASIST is a two-day interactive workshop that teaches you how to recognize when someone may be thinking about suicide and how to provide life-saving support. Open to all graduate students, ASIST helps you build confidence, empathy, and real-world helping skills.

- Only \$65 per person (valued at \$250 in the community) – an incredible opportunity to learn skills that could save a life.
 - Build confidence to help a friend in crisis – get trained with ASIST.
 - Register [here for November 8th](#)
 - Register [here for December 3rd](#)
-

Mental Wellness Workshops

The Student Wellness and Accessibility Centre is offering a series of mental wellness workshops for graduate students. The workshops are open to all graduate students, and participants must register on Experience BU. All workshops will be held in Mackenzie Chown C Block 300, from 2:30-4:00

- October 28th: Outsmarting Anxiety
 - November 4th: Challenging Thoughts That Drag You Down
 - November 11th: Turning Stress into Strength
 - November 18th: Self-Care & Putting It All Together
-

Graduate Mentorship Program - Now Open For Registration

The GSA and Student Wellness are excited to announce the Graduate Mentorship Program – [Now accepting applications!](#) Limited spots.

Are you looking to connect, learn, and grow within Brock's graduate community? The Graduate Mentorship Program is now accepting applications for both mentors and mentees.

This program pairs upper-year graduate students with new or early-stage grad students to build supportive relationships that promote well-being, and career development.

- For mentors: Share your experience, strengthen your leadership skills, and make a lasting impact in the Brock grad community.
- For mentees: Gain guidance from someone who's been there – get tips on navigating graduate life, building connections, and balancing it all.

Ready to get involved? Registration is open, but spots are limited – don't miss out on this meaningful opportunity. Visit our [webpage](#) to learn more or register below.





Faculty of Graduate Studies and Postdoctoral Affairs

Faculty of Graduate Studies and Postdoctoral Affairs

October 24, 2025

FGSPA

Fall 2025 course withdrawal

The last date to withdraw from Fall 2025 courses without academic penalty is:

- D2- **Sunday, Nov. 2**
- D4- **Sunday, Nov. 9** (Thursday, Nov. 13 for PhD and MADS)
- D6 (BNMN)- **Saturday, Nov. 29**
- D7- **Sunday, Nov. 9**



Looking for writing support?

Our Academic Support Specialist, Danielle, offers a variety of events to help grad students develop their writing skills, including Writing Cafés, One-on-One Consults, Writing Workshops, and more.



[Book an appointment with Danielle here](#)

[Explore upcoming writing events here](#)



Women in STEM Graduate Leadership Award(s)

Application deadline: Wednesday, Nov. 5, 2025, at 4 p.m.

Eligibility:

- Available to full-time graduate students.
- Demonstrated exceptional advocacy, leadership and actionable accomplishments to advance women and underrepresented groups in science, technology, engineering, and mathematics (STEM).

Value:

- Up to \$10,000 (may be split among multiple students).

[Apply Now!](#)



VPR Travel Award

Applications will be reviewed in December and March.

Eligibility:

- A current, full-time Brock University graduate student who has not received other travel funds from Brock University this academic year (spring 2025 to winter 2026).
- Attending/attended a conference between May 2025 and April 2026.

Value:

- 10 travel awards will be given out to 10 students by the end of the fiscal year. Up to \$1,000.

[Apply Now!](#)

Connect with us!



Brock LINC

Introducing Navigate: Brock LINC's Early-Stage Entrepreneurship Program

Have a business idea you want to explore? Navigate is an intensive, hands-on 11-week program designed to help you test, refine, and evaluate your idea using the Lean Startup methodology. Participants will engage directly with 50–100 potential customers, receive guidance from Brock LINC staff and mentors, and collaborate with fellow entrepreneurs.

Students who complete the program will earn a certificate of completion and credit toward the Innovative & Creative Thinking domain in Brock's Campus-Wide Co-Curriculum.

-  In-person at the Brock LINC
-  Wednesdays, 3:00–5:00 PM
-  Free to participate (limited spots available)

Applications for the Winter 2026 cohort are now open! Apply by January 7, 2026.

Coworking and booking meeting rooms at the Brock LINC

As a Brock LINC member, you have access to:

- Open tables, seating and collaboration spaces in the Atrium (Level 200) and Upper Deck (Level 300) that are available in the Rankin Family Pavilion 24/7. This includes a kitchenette, eating spaces, accessible washrooms and wireless internet access.
- Hot desks in the Brock LINC Co-working Space (Level 300), available from 9am to 4:30 p.m., Monday to Friday on a first come, first served basis.
- Six meeting rooms with smart TVs, webcams, and whiteboards. Spaces include one large seminar room, two boardrooms, and three small meeting rooms. Meeting rooms can only be booked for entrepreneurial related activity and are available from 9 a.m. to 6 p.m., Monday to Friday. They cannot be used for classroom projects, student groupwork or student clubs. Book a room with one of our Team Assistants at the reception desk on Level 300.

**CLICK [HERE](#) TO LEARN MORE ABOUT
BROCK LINC!**

We have some **Halloween themed** pop up classes coming up. They are free to Brock Students:

Oct 28 @ Fitness Studio 4:10p
80's themed Pilates and Meditation

Oct 30 @ Fitness Studio 4:10p
Learn the Thriller Dance

Nov 5 @ Outdoor Courtyard 8:10p
Outdoor Full Moon Yoga



Upcoming Events



Gentle Flow Yoga Session @ Brock Fitness Studio, 2:30 P.M.



Therapy Puppies with Brock SWAC @ Pond inlet, 1:30 P.M.



Say "Hi" to Heidi! @ MC-C300 1 p.m.

The GSA's Fall Term Office Hours (September to December)
Monday - Friday: 8:30 am – 4:00 pm
(Please note that our office is typically closed daily from 12 Noon - 12:30 pm)

Connect With Us!



If you would like to be removed from the GSA e-newsletter mailing list, please advise by return email stating your Brock email address and Student ID.